



MADELINE ISLAND SCHOOL of the ARTS

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Materials List

5 Day Sashiko Learning Retreat

[Core & Essence (1st & 2nd Day)]

- 1 skein of Sashiko thread.
- 1 of Sashiko thimble
- 3 of Sashiko needles (Wrapped with orange paper in the same package of the thimble).
- 1 piece of Dark Indigo Color Fabric with the Asano-ha pattern printed
- 1 piece of Blue Color Fabric (Lighter Weight)
- 2 piece of small swatches (Dark Indigo Color)
- 1 sheet of Thread bobbin Paper (brown paper)
- 1 x Finger cot & 1 x threader
- 1 x Surprise Item

[Application & Practice 3rd to 5th Day]

- 1 skein of Sashiko Thread, 145 meter - Color of Their Choice from 15 colors
- 2 skein of Yokota Sashiko Thread 40 meter
- 1 x Basting Thread
- 1 x Fabric Set For Hitomezashi (specifically prepared for the workshop)
- 1 set for practicing the pattern preparation & mending: Swatch size is about 13" x 8" -
*Subject to a minor change in Size).
- 2 Pieces of small Cotton Swatches (*Subject to a minor change in Size)
- 1 Thread bobbin Paper
- 1 small surprize Item
- Threaders & Finger Cots are available per request.
- PDF of Graph Paper
- 1 x Surprise Item

**Above are included in the Special Package that is required to be purchased from Atsushi. All other items that Students may want to bring are specified in the Follow-Up Website.*

<https://www.atsushi.japanesesashiko.com/misa2025>

For example:

- *One (or more) Cotton Garment (such as denim pants or shirt) with mending or stitching needs.*
- *Any fabrics you would like to use for mending*